Track: 2021-02-20 Monte Cava da Corvaro — **Date: 20/02/2021**

Track: 2021-02-20 Monte Cava da Corvaro	**IBP = 117 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	14.65 Km
Analyzed distance	14.65 Km
Lineal distance	0.01 Km

Accumulated climb	1230.2 m
Accumulated descent	1224 m
Maximum height	2009.7 m
Minimal height	847 m
Climb rate	18.63 %
Descent rate	15.86 %
Positive climb difference per km	83.97 m
Negative descent difference per km	83.55 m

Total time	6:38:11 h
Time in movement	5:10:49 h
Stopped time	1:27:22 h

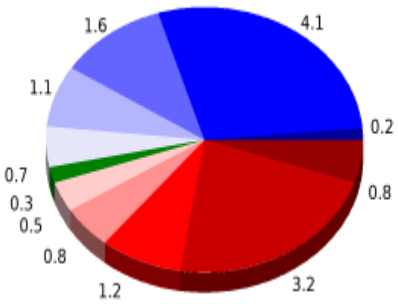
Total speed average	2.21 Km/h
Average speed in movement	2.83 Km/h
Maximum held speed	6.08 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	903 (cad. 16.23 m)
Significant points	387 (cad. 37.96 m / 42.86 %)
Aberrant points	3 (0.33 % d. total)

Direction changes per km	12.56
Direction changes >5º per km	9.83
Accumulated straight stretches	1.93 Km
Straight stretches per km	131.74 m
Penalizables slope changes	5
Penalizables slope changes per km	0.341

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Summary of slopes



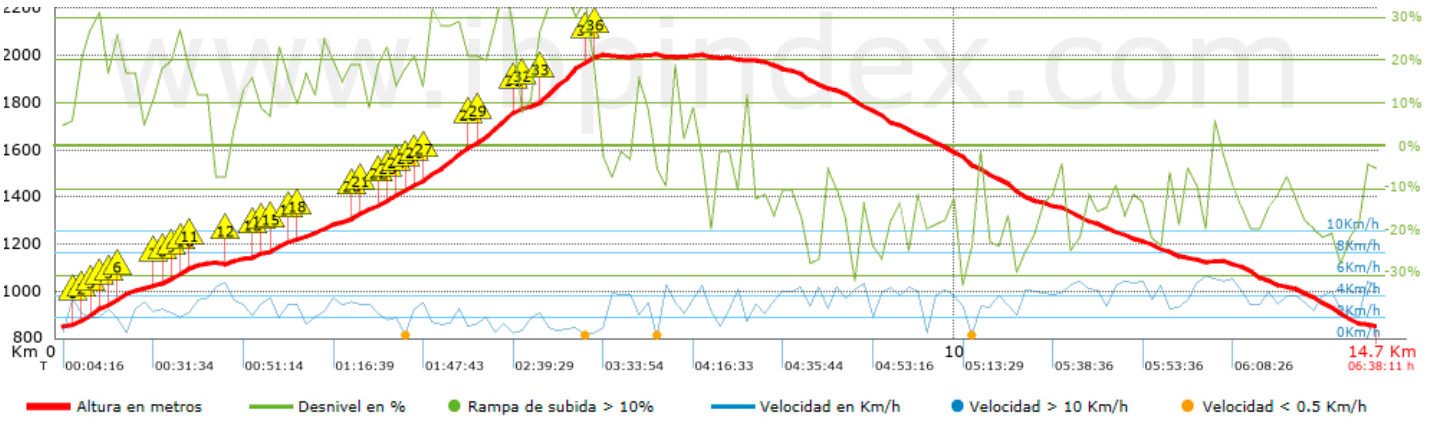
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.817	5.57	1.86	0:26:17
	Between 15 and 30%	3.231	22.05	2.06	1:34:05
	Between 10 and 15%	1.247	8.51	2.62	0:28:31
	Between 5 and 10%	0.825	5.63	2.9	0:17:04
	Between 1 and 5%	0.484	3.3	3.52	0:08:15
	Total :	6.604	45.07	2.27	2:54:12
	Plain				
	Difference of 1%	0.33	2.26	3.01	0:06:35
	Breakdown descents				
	Between 1 and 5%	0.747	5.1	3.17	0:14:08
	Between 5 and 10%	1.116	7.61	4.07	0:16:28
	Between 10 and 15%	1.581	10.79	3.9	0:24:18
	Between 15 and 30%	4.056	27.68	3.44	1:10:46
	Between 30% and 55%	0.218	1.49	3	0:04:22
	Total :	7.719	52.68	3.56	2:10:02
	Total track :	14.65	100 %	2.83	5:10:49

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.219	19 %	31 m
2	0.25	21 %	99 m
3	0.348	29 %	138 m
4	0.487	19 %	103 m
5	0.59	25 %	115 m
6	0.705	18 %	199 m
7	1.042	11 %	74 m
8	1.116	16 %	109 m
9	1.225	24 %	167 m
10	1.392	13 %	41 m
11	1.433	13 %	218 m
12	1.864	12 %	105 m
13	2.129	16 %	115 m
14	2.35	19 %	217 m
15	2.567	13 %	40 m
16	2.714	15 %	493 m
17	3.206	19 %	44 m
18	3.25	20 %	117 m
19	3.367	16 %	201 m
20	3.569	24 %	95 m
21	3.663	20 %	110 m
22	3.774	21 %	97 m
23	3.871	21 %	108 m
24	3.978	18 %	117 m
25	4.096	29 %	446 m
26	4.541	21 %	116 m

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27	4.657	32 %	382 m
28	5.04	28 %	29 m
29	5.069	15 %	124 m
30	5.192	12 %	121 m
31	5.313	33 %	572 m
32	5.885	14 %	37 m
33	5.922	19 %	48 m
34	5.97	17 %	73 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	367.372	2.51	0:09:15	2.38	0:23:26	0:32:41	0.67
1750	3718.938	25.38	1:22:48	2.69	0:20:21	1:43:09	2.16
1500	2085.566	14.23	0:48:47	2.57	0:31:03	1:19:50	1.57
Total :	6.172 Km	42.12 %	2:20:50 h	2.63 Km/h	1:14:50 h	3:35:40 h	1.72 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
0.665	0:04:42	962	0:18:07	0:18:07	0.665
3.774	0:04:29	1406	1:34:48	1:16:41	3.108
4.756	0:14:01 > 10´	1653	2:12:31	0:37:43	0.982
4.97	0:04:23	1721	2:32:12	0:19:41	0.214
5.069	0:02:54	1755	2:39:29	0:07:17 < 10´	0.099
5.469	0:06:33	1834	2:55:35	0:16:06	0.4
5.812	0:10:54 > 10´	1953	3:16:08	0:20:33	0.343
6.599	0:23:26 > 10´	2010	3:45:31	0:29:23	0.787
9.581	0:04:11	1665	5:01:56	1:16:25	2.982
10.056	0:08:28	1570	5:13:29	0:11:33	0.474
Total :	1:27:22 h				

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